



Dr. Konstantinos Stergiou

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Date of birth 13/06/1983

Education

| | | |
|-----------------------|--|-------------|
| 13/04/2011–28/06/2017 | Ph.D. in Pedagogy University of Western Macedonia, School of Education, Florina (Greece) Ph.D. in Pedagogy, with entitled dissertation: Investigating and evaluating the effectiveness and efficiency of education, Grade 10 (A scale of 1 to 10 applies to the marks of each subject in the Hellenic Higher Education). | EQF level 8 |
| 01/09/2016–16/11/2018 | Master of Arts (M.A.) Limerick Institute of Technology (LIT), Limerick, Ireland Youth Work with Games and Digital Media, First Class Honours | EQF level 7 |
| 31/10/2007–02/06/2010 | Master of Education (M.Ed.) University of Western Macedonia, School of Education, Florina (Greece) Master of Education, focused on the use Information and Communication Technology (ICT) in education. Thesis on the field of Economics of Education entitled : Measuring the Efficiency of Primary Schools of the Prefecture of Florina using Data Envelopment Analysis (DEA). ECTS 120, Grade 8.56 (A scale of 1 to 10 applies to the marks of each subject in the Hellenic Higher Education). | EQF level 7 |
| 05/08/2008–21/08/2008 | Master's Degree Programme - Developing Intercultural Competence University of Helsinki, Helsinki (Finland) Master's Degree Programme in Intercultural Encounters at the University of Helsinki's Renvall Institute. 6 ECTS, Grade 3 (A scale of 1 to 5 applies to the marks of each subject in the Finish Higher Education). | EQF level 7 |
| 29/08/2005–14/01/2006 | Undergraduate Erasmus Program Scholarship Vaxjo University, Vaxjo (Sweden) Exchange program (Erasmus scholarship) between Vaxjo University, Sweden and Aristotle | EQF level 6 |

University of Thessaloniki. Course Modern Marketing Practices, CR01 International Marketing, Grade 5.0 (G), CR03 Consumer Behaviour Grade 3.0 (G). (Grading system: VG = pass with distinction, G = pass).

10/10/2001–10/04/2006

Bachelor Degree (B.Sc.)

EQF level 6

Aristotle University of Thessaloniki - School of Economics, Thessaloniki (Greece)

The study program of the School of Economics contained two distinct biannual cycles. The first cycle of studies consisted of four (4) semesters and it contained foundation courses in the fields of Economics and Management. The second cycle of studies consisted of the four (4) remaining semesters oriented to Business Administration. 8 Semesters, 240 ECTS. Grade 7.09 (A scale of 1 to 10 applies to the marks of each subject in the Hellenic Higher Education)

Teaching experience

05/2008 – Present

Freelancer

Konstantinos Stergiou Ltd, Florina (Greece)

Education, Training and Consulting Services

01/2019 - Present

University Lecturer

Teaching "Economics of Education" classes for bachelor degree students, Faculty of Education/Department of Primary Education, University of Western Macedonia, Greece

01/2018 – 06/2018

University Lecturer

Teaching "Economics of Education" classes for bachelor degree students, Faculty of Education/Department of Primary Education, University of Western Macedonia, Greece

10/2011 – 10/2015

University Lecturer

Teaching " "Entrepreneurship and Innovation" classes for bachelor degree students, Faculty of Education/Department of Primary Education, University of Western Macedonia, Greece

10/2008 – 05/2009

High School Teacher

Teaching: Business Administration, Principles of Economic Theory, for High School students, High School of Laimos, Prespes, Greece

11/2007 – 05/2008

High School Teacher

Teaching: Business Administration, Principles of Economic Theory, for High School students, 1st High School of Florina, Greece

Online Training & facilitation experience

- 01/02/2021 – Ongoing **Trainer / Facilitator**
COOPower, Webinar Series (COOPAthons) on Social Entrepreneurship, Ministry of Education, Greece, British Council, Greece
- 01/03/2021 – Ongoing **Trainer / Facilitator**
ProjectLabs, Training Course Series on European Solidarity Corps programme, Swedish National Agency, Sweden
- 01/03/2021-07/03/2021 **Trainer / Facilitator**
Online On Arrival Training of ESC Volunteers of Greece. Institute of Life Long Learning (INEDIVIM), Greece
- 14/12/2020-20/12/2020 **Trainer / Facilitator**
Online On Arrival Training of ESC Volunteers of Greece. Institute of Life Long Learning (INEDIVIM), Greece
- 07/12/2020-13/12/2020 **Trainer / Facilitator**
Online On Arrival Training of ESC Volunteers of Greece. Institute of Life Long Learning (INEDIVIM), Greece
- 01/08/2020 – 30/11/2020 **Trainer / Facilitator**
Online Training “The Value Fair” Institute of Life Long Learning (INEDIVIM), Greece
- 10/11/2020 -26/ 11 / 2020 **Trainer / Facilitator**
Online Training “Youth work, national policies and solidarity action in Euromediterranea area” Institute of Life Long Learning (INEDIVIM), Greece
- 08/07/2020 – 25/07/2020 **Trainer / Facilitator**
Online Training for “Solidarity Projects” of European Solidarity Corps Program. Youth Board of Cyprus (ONEK), Cyprus.
- 22/06/2020 – 13/07/2020 **Trainer / Facilitator**
Online European Solidarity Corps Campaign “Why volunteering”. Institute of Life Long Learning (INEDIVIM), Greece
- 17/06/2020 – 10/07/2020 **Trainer / Facilitator**
Online Training - Rural areas, challenges and solidarity, Institute of Life Long Learning (INEDIVIM), Greece
- 16/06/2020 – 20/06/2020 **Trainer / Facilitator**
Online Volunteers Training, Getting Mobilised and Activated from Home. Institute of Life Long Learning (INEDIVIM), Greece
- 09/06/2020 – 13/06/2020 **Trainer / Facilitator**
Online Volunteers Training, Getting Mobilised and Activated from Home. Institute of Life Long Learning (INEDIVIM), Greece
- 24/05/2020-29/05/2020 **Trainer / Facilitator**
Online On Arrival Training of ESC Volunteers of Greece. Institute of Life Long Learning (INEDIVIM), Greece

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| 17/05/2020 – 22/05/2020 | Trainer / Facilitator Online On Arrival Training of ESC Volunteers of Greece. Institute of Life Long Learning (INEDIVIM), Greece |
| 12/05/2020 – 16/05/2020 | Trainer / Facilitator Online Mid Term Evaluation Training of ESC Volunteers of Cyprus. Youth Board of Cyprus (ONEK), Cyprus. |
| 07/05/2020 – 11/05/2020 | Trainer / Facilitator Online Mid Term Evaluation Training of ESC Volunteers of Cyprus. Youth Board of Cyprus (ONEK), Cyprus. |
| 01/05/2020 – 03/05/2020 | Trainer / Facilitator Online Training of ESC newly accredited organisations of Greece. Institute of Life Long Learning (INEDIVIM), Greece |
| 01/05/2020 – 30/09/2020 | Trainer / Facilitator Online Towards Collaborative Practice (TCP) Forum 2020, Youth@Work Strategic Partnership on youth employability and entrepreneurship of Erasmus+ National Agencies. Youth Board of Cyprus (ONEK), Cyprus. |
| 27/04/2020 – 28/04/2020 | Trainer / Facilitator Online Meeting of European Solidarity Corps (ESC) registered Organisations of the Hellenic National Agency of ESC. Institute of Life Long Learning (INEDIVIM), Greece |

Training, facilitation & consulting experience

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| 10/2015 – Present | Life Skills Trainer Training Services for Life Skills programme, https://www.britishcouncil.gr/en/life-skills , British Council, Greece |
| 05/03/2020-06/03/2020 | Trainer / Facilitator Life Skills Training Course, British Council, Malta. |
| 27/01/2020-31/01/2020 | Trainer / Facilitator Training Course, “MidTerm Evaluation Training”, Youth Board of Cyprus, Cyprus |
| 25/11/2019-30/11/2019 | Trainer / Facilitator Contact Making Activity (CMA) SMART Participation in Erasmus+, Youth Board of Cyprus, Cyprus |
| 05/10/2019-10/10/2019 | Trainer / Facilitator Training Course, “ESC On Arrival Training”, Youth and Life Long Learning Foundation, Greece |
| 13/07/2019-17/07/2019 | Trainer / Facilitator Training Course, “MidTerm Evaluation Training”, Youth Board of Cyprus, Cyprus |
| 02/07/2019-06/07/2019 | Trainer / Facilitator Training Course, “Developing Entrepreneurial Abilities Laboratory – DEAL”, Youth Work Tipperary, Ireland |
| 25/06/2019-01/07/2019 | Trainer / Facilitator |

Youth Mobility, “Celebrating Health & Well being in cultural context” Association of Active Youths of Florina, Greece

18/06/2019-25/06/2019

Trainer / Facilitator

Training Course, “Using Social Entrepreneurship in Erasmus+ - USEE+ under Erasmus+ Youth”, Youth and Life Long Learning Foundation, Thessaloniki, Greece.

28/03/2019-03/04/2019

Trainer / Facilitator

Partnership Building Activity (PBA), “DIVE 3: Zero to One > 1 to N” , capacity building project EACEA under the Erasmus + programme, Capacity building in the field of youth, Florina, Greece.

05/03/2019-09/03/2019

Trainer / Facilitator

Training Course, “Training of Trainers on Youth Employability and Entrepreneurship (TOTEE)”, Instituto de la Juventud de España (INJUVE), Spain

26/01/2019-30/01/2019

Trainer / Facilitator,

Training Course, “MidTerm Evaluation Training”, Youth Board of Cyprus, Cyprus

05/11/2018-10/11/2018

Trainer / Facilitator

Training Course, “Using Social Entrepreneurship in Erasmus+”, Youth Board of Cyprus, Cyprus

19/09/2018-23/09/2018

Trainer / Facilitator

Training Course, “MidTerm Evaluation Training”, Youth Board of Cyprus, Cyprus

03/09/2018-10/09/2018

Trainer / Facilitator

Training Course, “Youth for Social and Solidarity Economy”, Association of Active Youths of Florina, Greece

30/06/2018-05/07/2018

Trainer / Facilitator

Youth Mobility, “Youth Celebrating United Nations Convention on the Rights of the Child (UNCRC)”, Youth Work Tipperary, Ireland

20/06/2018-26/06/2018

Trainer / Facilitator

Youth Mobility, “Youth Vibes for Europe”, Association of Active Youths of Florina, Greece

16/05/2018—20/05/2018

Trainer / Facilitator

Training Course, “MidTerm Evaluation Training”, Youth Board of Cyprus, Cyprus

17/01/2018-21/01/2018

Trainer / Facilitator

Training Course, “MidTerm Evaluation Training”, Youth Board of Cyprus, Cyprus

09/11/2017—13/11/2017

Trainer / Facilitator

Training Course, “EVS On Arrival Training”, Youth Board of Cyprus, Cyprus

19/07/2017-23/07/2017

Trainer / Facilitator

Training Course, “MidTerm Evaluation Training”, Youth Board of Cyprus, Cyprus

17/03/2017-25/03/2017

Trainer / Facilitator

Training Course, “DIVE in Social Entrepreneurship”, Youth Alliance Krusevo, FYROM

09/02/2017-13/02/2017

Trainer / Facilitator

Training Course, “EVS On Arrival Training”, Youth Board of Cyprus, Cyprus

07/12/2016-11/12/2016

Trainer / Facilitator

Training Course, “EVS MidTerm Evaluation”, Youth and Life Long Learning Foundation, Greece

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| 09/11/2016-16/11/2016 | Trainer / Facilitator Training Course, "EVS On Arrival Training", Youth Board of Cyprus, Cyprus |
| 12/10/2016-18/10/2016 | Trainer / Facilitator Training Course, "Project Instruments for Erasmus+ Tool development", Development Assistance Centre, Sweden |
| 25/09/2016-02/10/2016 | Trainer / Facilitator Training Course, "Into Europe", Momentum World, United Kingdom |
| 29/08/2016-05/09/2016 | Trainer / Facilitator Training Course, "Developing Entrepreneurial Abilities Laboratory Training Course II" Youth Work Tipperary, Ireland |
| 19/08/2016-24/08/2016 | Trainer / Facilitator Training Course, "SEEDS, Social Economy Entrepreneurship Development Skills", Saga, Finland |
| 27/06/2016-03/07/2016 | Trainer / Facilitator Training Course, "Developing Entrepreneurial Abilities Laboratory Training Course I", Youth Work Tipperary, Ireland |
| 21/04/2016-25/04/2016 | Trainer / Facilitator Training Course, "SEEDS, Social Economy Entrepreneurship Development Skills", Asociatia Consolidarea Societatii Civile, Romania |
| 02/04/2016-06/04/2016 | Trainer / Facilitator Training Course, "Using Social Entrepreneurship in Erasmus+", Instituto de la Juventud de España (INJUVE), Spain |
| 01/01/2016-30/06/2018 | Project Manager / Consultant Strategic Partnership in the field of Youth, Key Action 2 "Virtual Youth Work", Youth Work Tipperary, Ireland |
| 05/12/2015-12/12/2015 | Trainer / Facilitator Training Course, "SEEDS, Social Economy Entrepreneurship Development Skills", Fundacion Alianzas Rosalico A.C., Mexico |
| 27/11/2015-03/12/2015 | Trainer / Facilitator Training Course, "SEEDS, Social Economy Entrepreneurship Development Skills", State University of Santa Cruz, Brasil |
| 01/01/2015-30/06/2017 | Project Manager / Consultant Strategic Partnership in the field of Youth KA2, "Project instruments for Erasmus+", Development Assistance Centre, Sweden |
| 12/09/2015-18/09/2015 | Trainer / Facilitator Training Course, "SEEDS, Social Economy Entrepreneurship Development Skills", Associazione di Promozione Sociale Joint, Italy |
| 10/02/2015-13/02/2015 | Trainer / Consultant Training Course of Italcimenti Group HR department, Team Time, Bulgaria |
| 01/02/2015-08/02/2015 | Trainer / Facilitator |

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| | Training Course, “Peace for US”, Association of Active Youths of Florina, Greece |
| 01/01/2015-30/06/2017 | Trainer / Consultant Capacity Building KA2 project “SEEDS, Social Economy Entrepreneurship Development Skills”, Association of Active Youths of Florina, Greece |
| 19/07/2014-21/07/2014 | Trainer / Facilitator Training Course, “EVS On Arrival Training”, Youth and Life Long Learning Foundation, Greece |
| 22/04/2014-27/04/2014 | Trainer / Facilitator Training Course, “ Using Social Entrepreneurship in Erasmus+”, Swedish Agency for Youth and Civil Society, Sweden |
| 23/10/2013-29/10/2013 | Trainer / Facilitator Training Course, “Enjoy the EVS challenge”, Sfera Bitola, FYROM |
| 07/10/2013-16/09/2013 | Trainer / Facilitator Youth Mobility project, “Shooting Down Stereotypes”, Association of Active Youths of Florina, Greece |
| 09/09/2013-16/09/2013 | Trainer / Facilitator Youth Mobility project, “Youth in Europe’s Region”, Association of Active Youths of Florina, Greece |
| 06/2015 – 12/2017 | Assistant Director Careers advisor Consulting Services Graduate Student advising for Master Studies, University of Western Macedonia, Career Office, Florina, Greece |
| 11/2007 – 01/2011 | Finance department manager Avramidis Antonios and CO, Florina (Greece) , Finance, production and service manager |

Scientific Publications

- **Stergiou, K.** & Tsakiridou, H. (2019). Measuring the impact of Socio-Economic Factors on school's Technical Efficiency. *Archives of Business Research*, 7(4), 223-239.
- Anastasiou, S., Filippidis, K., & **Stergiou, K.** (2015). Economic recession, austerity and gender inequality at work. Evidence from Greece and other Balkan countries. *Procedia Economics and Finance*, 24, pp 41-49.
- Tsakiridou, H. & **Stergiou, K.** (2014). Entrepreneurship Competences and Entrepreneurial Intentions of students in Primary Education. *Journal of Humanities, Social Sciences and Education (JHSSE)*, 1(9), 106-117.
- Anastasiou, S., Filippidis, K. & **Stergiou, K.** (2014), "Improving labor productivity during the economic crisis in Greece: The possible contribution of Human Resources Practices". Proceedings: 24th IBIMA Conference - Crafting Global Competitive Economies: 2020 Vision Strategic Planning & Smart Implementation. Milan, Italy, 6-7 November, pp.2100-2107.
- Tsakiridou, H. & **Stergiou, K.** (2014). Explaining the Efficiency Differences in Primary School Education using Data Envelopment Analysis. *Journal of Education, Psychology and Social Sciences*, ISSN: 1339-1488, 2(2), 89-96.
- Tsakiridou H., **Stergiou, K.** Chadjipantelis T. (2014), 'Measuring the competences of 6th Grade students in Mathematics' 5th Conference of Researchers in Mathematics Education, Mathematics in school and in everyday life, ISSN: 1792-8494.

- Tsakiridou, H. & **Stergiou**, K. (2013). Evaluating the Efficiency of Primary School Education, *Proceedings of the 2nd International Conference on Advanced Research (ARSA 2013)*, 279-286.
- Tsakiridou, H. & **Stergiou**, K. (2012). Entrepreneurship education in Primary Education Departments: The case of the University of Western Macedonia in Greece, *Proceedings of the 1st International Conference on Advanced Research (ARSA 2012)*, 1064-1067

Scientific Conferences

- **Stergiou** K., «Entrepreneurial Learning & Youth Work», The 3d International Youth Conference, Seongnam City Youth Foundation, Seongnam, South Korea, 30 October – 3 November 2019.
- **Stergiou** K., Tsakiridou, H., Tsakiridou, E. «Investigating and Evaluating the Effectiveness and Efficiency of Education» The European Conference on Educational Research (ECER 2019), Hamburg, 3-6 September 2019.
- **Stergiou**, K. "Youth@Work - Youth Employability & Entrepreneurship", EU&U International Conference on Entrepreneurship and Employability in Europe, Athens 28-29 January 2019.
- **Stergiou**, K., "The role of Youth work & Social entrepreneurship to prevent Brain Drain phenomena", "Brain drain or Brain gain" International seminar of the Partial Agreement on Youth Mobility through the Youth Card and the European Youth Card Association (EYCA), Zagreb 28 – 30 October 2018.
- **Stergiou**, K., "Empowering the next generation: social enterprise in schools." Social Enterprise World Forum (SEWF), Community Enterprise in Scotland (CEIS), Edinburgh from 12 – 14 September 2018
- **Stergiou** K., Tsakiridou, H., Tsakiridou, E. & Romaiou A. «Investigating and Evaluating the Effectiveness and Efficiency of Education» The European Conference on Educational Research (ECER 2018), Bolzano, 4 – 6 September 2018.
- **Stergiou** K., Moraitakis N., Tachou I. «Role playing in Youth Work and Digital Games - case studies», Games to Inspire in Youth Work & Global Development Education Conference, Tipperary, Ireland, 23 – 24 November 2017.
- **Stergiou**, K., Filippidis, K., Papoutzis, L. «The aspects of Youth Work in Greece. A study through the MA in Global Youth Work with Games and Digital Media», Games to Inspire in Youth Work & Global Development Education Conference, Tipperary, Ireland, 23 – 24 November 2017.
- **Stergiou**, K., Tsakiridou, H. «Assesing Secondary School Efficiency using Data Envelopment Analysis», European Conference on Educational Research, ECER 2016" Reforming Education and the Imperative of Constant Change: Ambivalent roles of policy and educational research", (accepted). Copenhagen, 22-25 August 2017.
- **Stergiou**, K., Tsakiridou, H. «Financial resources invested in Primary Education. How much is spent per student?», 2nd International Conference, Reimagining Schooling, Thessaloniki, 24-26 September 2015.
- **Stergiou**, K., Tsakiridou, H. «Using Business Games in Primary Education» European Conference on Educational Research, ECER 2015, "Education and Transition Contributions from Educational Research", Budapest, 8-11 September 2015.
- **Stergiou**, K., Tsakiridou, H. «Development of Entrepreneurship Education in Primary School» European Conference on Educational Research, ECER 2014, "The past, present and future of educational research in Europe", Porto, 02-05 September 2014.
- Tsakiridou, H., **Stergiou**, K., Chadjipantelis T., 'Measuring the competences of 6th Grade students in Mathematics' 5th

Conference of Researchers in Mathematics Education, Mathematics in school and in everyday life. Greece, Florina 14-16 March 2014.

- **Stergiou K.**, 'The role of entrepreneurship confronting economic crisis and youth unemployment' Development Initiatives of the European Union during the economic crisis – the opportunities for Youth. Representation of European Commission in Greece, annual conference. Greece, Florina, 22 February 2014.
- **Stergiou, K.** Tsakiridou, H., «The Impact of Innovations in Primary School Efficiency», European Conference on Educational Research, ECER 2013, "Creativity and Innovation in Educational Research", Turkey, Istanbul, 10-13 September 2013.
- **Stergiou, K.**, Tsakiridou, H., «*Efficiency and innovation in Primary education*», 1st International Conference on Reimagining Schooling, Greece, Thessaloniki 18-19 June, 2013.
- **Stergiou K.**, Tsakiridou H. 'Development of entrepreneurial competences in Primary Education' Innovation, Creativity and interdisciplinarity in Primary School, University of Western Macedonia, Greece, Florina 28 May 2013.
- Mousiou-Milona O., Tsakiridou H., **Stergiou K.**, 'Bullying phenomena in primary schools of Florina' Violence in children's lives: Findings and recommendations from the Ombudsman' Youth Counselling Centre, Directorate of Secondary Education of Florina, annual meeting, Greece, Florina 4 March 2013.
- Sarri A., **Stergiou K.**, Zikou E., 'Social Entrepreneurship', Innovation and Entrepreneurship in Education, Structure of Employment and Career, University of Western Macedonia, Meeting, Greece, Florina 27 February 2013.
- Tsakiridou H., **Stergiou, K.**, 'Entrepreneurship Education' Innovation and Entrepreneurship in Education, Structure of Employment and Career, University of Western Macedonia, Meeting, Greece, Florina 27 February 2013.
- **Stergiou, K.**, Tsakiridou, H. «Greek University Students facing the Economic Crisis», Research Network "Youth and Generation", MidTerm Conference 2012, "Youth in Crisis? Linking research, policy and practice", Spain, Manresa, 20-23 September 2012.
- Tsakiridou, H., **Stergiou, K.**, Bakouros, Y., Tsakiridou, E., «The Importance of Entrepreneurship Courses in Teacher Education Curriculum», European Conference on Educational Research, ECER 2012, "The need for Educational Research to champion Freedom, Education and Development for All", Spain, Cadiz, 18-21 September 2012.
- **Stergiou, K.**, 'Development of entrepreneurial competences of High School students' The project method as innovation in New School and University, University of Western Macedonia, School of Pedagogy, Department of Primary Education, Meeting, Greece, Florina, 15 December 2011.
- **Stergiou, K.**, 'Linking Research and Entrepreneurial activity in Greece and Europe' , Structure of Employment and Career, University of Western Macedonia, Meeting, Greece, Florina, 8 December 2011.
- Tsakiridou, H., **Stergiou, K.**, Tsakiridou, E., «Greek University Students' Financial Needs», European Conference on Educational Research, ECER 2011, "Urban Education", Germany, Berlin, 12-16 September 2011.
- Tsakiridou, H., **Stergiou, K.**, Tsakiridou, E., «Efficiency and equity matters in school performance. The case of primary schools of the Prefecture of Florina, Greece», European Conference on Educational Research, ECER 2010, "Education and Cultural Change", Finland, Helsinki, 25-27 August 2010.

- Erasmus+ Youth@Work Contact Making Seminar of National and Regional Consultative Groups, UK National Agency for Erasmus+, Birmingham, 18th – 20th November, 2019.
- Training seminar for Europe Direct Information Centers (EDICs), European Commission, Brussels, 11-12 October 2018.
- Annual General Meeting for Europe Direct Information Centers (EDICs), European Commission, Brussels, 4-6 June 2018.
- Newcomer Training for Europe Direct Information Centers (EDICs), European Commission, Brussels, 8-9 March 2018.
- Pool of European Youth Researches (PEYR) Annual Meeting, Council of Europe, Budapest, 20-21 September 2017.
- European Commission, Erasmus+ programme, Conference «Bridges for Trainers 2016: Are trainers 'political beings'?» Salto-Youth Training and Cooperation Resource Centre, Participant. (Vienna 28 November - 01 December 2016).
- Council of Europe, «Tranzit Seminar on youth work and youth policy practices in support of young people's transition to autonomy and work life», Seminar, participant, (Budapest 5-7 July 2016)
- Council of Europe, Rural Youth Europe, Mijarc Europe, «Unveiling rural realities, unlocking youth potential», Study session, participant, (Strasbourg, 3-11 October 2015)
- European Commission, Youth in Action Programme, Training Seminar «Training of Trainers for European Erasmus+» Salto-Youth Training and Cooperation Resource Centre, Participant. (Sweden, Spain, Italy, Oct.13 - June 14).
- Educational Program for Mentors and member of the Register of Mentors of ERGANI Center («ERGANI» Center for the Support of Employment and Entrepreneurship of Women), 10.2013-02.2014.
- European Commission, Lifelong Learning Programme, Grundtvig In-Service training and professional development for teachers and other staff in adult education, «Promoting the Culture of Entrepreneurship», Foundation for women Entrepreneurs, MT-2013-648-002, Malta, 05-09 August 2013.
- European Commission, Youth Programme, «Structured Dialogue for Social Inclusion of Young People», Youth Representative, European Youth Conference, Dublin, 11-13 March 2013.
- Institute of Youth and Life Long Learning, Youth in Action Program, 'Training in Action 1', Athens 23 – 28/11/2012.
- European Commission, Youth in Action Programme, Training Seminar «Sustainable Development and Less Unemployment», Youth Leader – Participant, TR–51-E5-2012-R1, Yozgat, 23 July - 01 August 2012.
- European Commission, Youth in Action Programme, Training Seminar «Appetiser», Participant, Maastricht, 25-29 September 2008.

Scientific Committees

- Member of the Scientific Committee (Reviewers), in the 4th Advanced Research in Scientific Areas - ARSA 2015, held at www.arsa-conf.com during November, 9. - 13. 2015.
- Member of the Scientific Committee (Reviewers), in the 5th Advanced Research in Scientific Areas - ARSA 2016, held at www.arsa-conf.com during November, 7. - 11. 2016.

Memberships

- President of the Local Youth Council of the municipality of Florina (04.2008 - Today)
- President of the 'Greek Consumer Organization - EKATO' department of Florina (01.2015 - Today)
- Head of the Europe Direct Information Centre of Western Macedonia (01/2018 – Today)
- Member of the Pool of Trainers of the Youth@Work Strategic Partnership for Youth Employability and Entrepreneurship (03.2019-Today)
- Member of the National Consultative Group (NCG) of Greece for Youth@Work Strategic Partnership for Youth Employability and Entrepreneurship (10.2019-Today)
- Member of the Pool of European Youth Researchers (PEYR) of Council of Europe (04.2017 - Today)
- Member of the Pool of Trainers, Erasmus + Programme, in the field of Youth in Greece (04.2015 - Today)
- Member of the Pool of Trainers of British Council Greece (08.2014 – Today)
- Head of the 'PhD Student Union' of the University of Western Macedonia (03.2015 – 12.2010))
- Member of the National Working Team for the Structured Dialogue during the presidency trio of the EU (Ireland - Lithuania - Greece) in the field of Youth and Social Inclusion (01.2013 - 06.2014)
- Member of the National Coordinating Committee for the European Year of Volunteering - General Secretariat for Youth (01.2011 - 12.2011)
- Member of the National Team of Researchers for Youth issues - General Secretariat for Youth (01.2011 - Today)
- Member of the board of the NGO 'Association of Active Youths of Florina' (01.2010 - Today)
- Head of the 'Volunteer Blood Donation Team' of the University of Western Macedonia, Florina (09.2008 - Today)
- Head of the 'Master' Student Union' ,Department of Primary Education, University of Western Macedonia (10.2007 - 06.2009)
- Member of the 'Chamber of Economy' of Greece (2006-Today)

Personal Skills

Mother tongue(s) Greek

| Other language(s) | UNDERSTANDING | | SPEAKING | | WRITING |
|-------------------|---------------|---------|--------------------|-------------------|---------|
| | Listening | Reading | Spoken interaction | Spoken production | |
| English | C2 | C2 | C2 | C2 | C2 |
| Spanish | B1 | B1 | B1 | B1 | B1 |

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user
Common European Framework of Reference for Languages

Digital competence

SELF-ASSESSMENT

| Information processing | Communication | Content creation | Safety | Problem solving |
|------------------------|------------------------|------------------------|------------------------|------------------------|
| Proficient user | Proficient user | Proficient user | Proficient user | Proficient user |

- Proficient command of office suite / E.C.D.L. (European Computer Driving License).
- Certified Web Designer Syllabus 1.0» Web Design (MS Frontpage) / Assessment Method Scenario. Aristotle Certification Training & Assessment (ACTA).